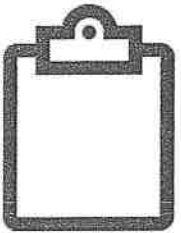# Getting Ready for Virtual Learning Family Guide

Routine	Consider setting a consistent, predictable routine that mimics a regular school day. This might include waking up at the same time each day, having breakfast, getting dressed, going to the bathroom before school begins, and maybe even packing a lunch! Students will be assigned virtual class meetings DAILY. Be prepared.
Workspace	Determine a designated workspace for your child that will be comfortable and free from distraction (to the extent possible). It may help to have a table or hard surface where your child can work with hands-on materials alongside their device. Having headphones may help children if they are sharing a space with others.
Supplies	Find a safe space to keep all supplies and encourage your child to use responsibility in getting their materials to and from the designated space each day. To stay as organized as possible, please have your child only use their school supplies when directed by the teacher.
Technology	Help your child learn the basics of using their device. Bookmark the designated websites as directed by your teacher. Keep list of usernames and passwords in an accessible spot for both students and parents.
Independence	One of our main goals for the beginning of the year is building independence. When possible, try to resist doing things for your child that they can do themselves. Instead, show your child how to complete a task, and then have them practice it independently with your support.

Family Tips for Virtual Learning

Concerns:	Try this:
"My child is having trouble staying focused"	• Create a designated, quiet space for your child to work if possible • Offer plenty of breaks as needed • Set a timer for your child (20-30 minutes of work to earn a 5 minute break) • Set attainable daily goals and offer positive reinforcement when goals are met (praise, stickers, free time, etc.)
"The lessons are too easy/difficult for my child"	• I've shared websites for reinforcement/enrichment on Google Classroom that you may use to supplement your child's lessons if needed. • Reach out to me with any concerns and we can discuss additional modifications
"My child does not want to complete the lessons."	• Offer choice: "Do you want to complete math or reading first today?" • If the lessons are causing stress or conflict in your household, please reach out to me ASAP.
"I'm worried about my child's progress."	• Our #1 goal is to support the social and emotional well-being of students. Your child may not make the same amount of academic progress with online learning as they would at school, and that is OK. • When we return to school, teachers will use assessments to determine students' individual needs, and we will provide instruction and support from there. 😊

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